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## What are Kim's Peers Saying

*"If you wonder what it takes to be happy as a couple, this book is for you. Kim uses real life stories, survey data, and practical skills; all of which point to success. Olver is breaking exciting new ground."*  
**Gary Chapman, Ph.D.** author of *The Five Love Languages* and *Love As a Way of Life*

*"Secrets of Happy Couples provides a complete guide to relationships, starting before you are in one, taking you through the getting together, compatibility and maintenance stages while ending with how to manage the grief of a relationship ending, whether it be through death, divorce or a personal decision to separate. It's brilliant. Olver provides a road map for success at any stage."*  
**Gina Mollicone-Long**, International Best-Selling Author of *Think or Sink*

*"If there ever was such a thing as a 'relationship training manual', this is it. This book is a "must-read" for all single and coupled men and women everywhere who desire a deeply connected and joyous loving relationship. Not only does Olver present real research on what actually works in relationships from the 100 happy couples she surveyed, but she writes in a compassionate, clear and engaging style. Once you start reading this book, you won't want to put it down!"*

**Dr. Karen Kan** - Author of *Creating Your Fairytale Love Life: Harness the Law of Attraction to Manifest Your Dream Partner*

*"Kim Olver put together a great resource utilizing the expertise of some of the top relationship experts to help you attract and keep a healthy relationship. The most important element is that happy relationships start with you and she takes you through the process of discovering the key inside to transforming your relationship experience."*

**Debra Berndt**, America's Love Expert & Author of *LET LOVE IN: Open Your Heart & Mind to Attract Your Ideal Partner* (J. Wiley & Sons)

*"Secrets Of Happy Couples is a delightful and powerful new book and a must read for anyone wanting to improve the relationship with their partner or spouse. It will prove to be a necessary tool for us, who as therapists, work to help our clients create happier relationships. This is a book I will recommend to all my clients."*

**Don Childers**, LCSW, LMHC, Private Practice, Indianapolis, In.

*“Secrets of Happy Couples is rich with information for how to take responsibility for your own happiness and the happiness you derive from your relationship. The combination of Kim Olver's vast experience and the real life couples she interviewed gives the reader practical advice on relationship subjects you may not have considered before. The extra good news is that whether you are currently in a relationship or single, this book answers the hearts' questions in such a way that your current or next relationship will benefit! “*

**Sarah Elizabeth Malinak**, co-author of *Getting Back to Love: When the Pushing and Pulling Threaten to Tear You Apart*

*“Secrets of Happy Couples has all we need to know about having successful intimate relationships. Simple, down to earth information will help any couple improve their lives. Kim possesses obvious deep insight into human nature that we can all benefit from. One could continue to find value in this book in all stages of life.”*

**Krisanna Jeffery**, Author of *The Great Sex For Life Toolkit*

*"It's true, what you focus your attention on grows. In Secrets of Happy Couples, Kim Olver does a superb job of helping you identify the most important things to focus on if you want to create and maintain a happy, healthy relationship. We especially enjoyed how she clearly organizes her practical advice into a step-by-step plan for success as a couple. She succeeds admirably at making sure you ask the important questions before and during the relationship, and even more importantly, helping you come up with authentic answers along the way."*

**Beth Banning and Neill Gibson**, developers of The Art of Conscious Connection seminars and authors of the forthcoming book, *The Power of WE!*

*“A very insightful, comprehensive and uplifting guide. Highly recommended. Ms.Olver addresses all the most pressing issues of couples today.”*

**Dr. LeslieBeth Wish, Ed.D.**, [www.lovevictory.com](http://www.lovevictory.com) and columnist, "Relationship Realities," [www.qualityhealth.com](http://www.qualityhealth.com)

*“Kim's book is very user friendly, an easy to read guide for singles and couples to learn the in's and out's of having a successful and satisfying relationship. She takes leading experts' philosophies and put's them into an easy to understand language for everyday couples.”*

**Dana Vince, LMHC** - [danavince@healingheartscounseling.org](mailto:danavince@healingheartscounseling.org)

*"Kim's book shows real insight into the challenges many couples face and she provides a fresh approach in how to respond effectively to these problems. I have already found some of her ideas valuable as a counselor and can highly recommend this book for both couples and counselors.”*

**Sandra Haynes**, counselor and member of the Counseling Association of South Australia

*“Kim Olver has written a delightful book on relationships. She shows a fresh take on relationships and problems. She applies a new rule borrowed from business about abandoning the Golden Rule and instead applying the Platinum Rule: Treat people the way that they want to be treated. If we could just incorporate the Platinum Rule in our relationships, conflicts would disappear. Kim wisely counsels couples to really get to know one another and further to spend time in introspection and get help for past mistakes made in previous relationships before entering new ones. I recommend it highly for good*

*relationships and even more for relationships having struggles.”*

**John Wilder**, marriage, relationship and sexual coach

*“...well-written, easy-to-read book that is very useful for couples with relationship problems.”*

**Carleen Glasser**, co-author of *Eight Lessons for a Happier Marriage and Getting Together and Staying Together*

*“Jam-packed with ideas, tips and strategies to improve and maintain the love of your life. Anyone who wants to develop and maintain loving relationships needs to read this book.”*

**Dr. Nancy S. Buck**, author of *Peaceful Parenting and Why Do Kids Act That Way?*

*“Secrets of Happy Couples does a great job of summarizing everything that I've ever read on relationships—and in addition includes Olver's unique insights. I keep thinking, as I'm reading, Wow! When I'm in a relationship I'll want to go over this chapter with my partner.”*

**Despina Gurlides**, author of *Not a Guru: One Woman's Spiritual Journey to Happiness*.

*“I found this book to be a refreshing look at the elements of successful couples through the eyes of the couples themselves. The variety of stories and first hand examples provided the personal touch that made it especially appealing to me. I think readers will be able to see themselves and find room for improvement regardless of the type relationship they are in.”*

**Marcus Gentry**, author of *101 Ponderables*

*“Kim Olver, in her book Secrets of Happy Couples, brings a hopeful perspective as one experiences the loss of a loved one, through death, divorce or a break-up. She takes the reader into a journey of empowerment as she suggests we have choices in how we respond to the loss. In life, we may experience a loss of a loved one that we may not understand or that leaves us in total despair. It is when we experience grief. Although this is a normal and necessary process, Kim reminds us that we still have choices, and these are: Leave It, Change It or accept It. Kim makes us aware, above all, that despite any loss, we are capable of finding new possibilities in our lives.”*

**Ligia M. Houben, MA, CG-C, CPC**

*“Kim writes in an easy to read, conversational tone that I found quite engaging, as if she were speaking just to me. I have been an avid fan of Dr. William Glasser's Choice Theory, having taught it to my clients for many years, and I was thrilled with the way Kim expanded upon the Destructive and Caring Relationship Habits. This is a book that the reader can open to any page and find a gem there. I would definitely recommend Secrets of Happy Couples to my clients and to anyone who wants to create a successful and happy relationship.”*

**Michelle E. Vásquez, MS, LPC, Relationship Coach**

# AllBooks Review

**Barbara Watkins**

Genre: Self-help

Title: Secrets of Happy Couples

Author: Kim Olver

Secrets of Happy Couples by, 'Kim Oliver' gives an enlightening look into the many challenges and obstacles that couples face everyday. The author gives down to earth advice on how to approach such challenges with new and fresh ideas. This book reminds us that as a couple in a relationship we want our bonds to last indefinitely. However, nothing lasts forever. Relationships lost due to divorce – death, or for whatever the reason may be, have a profound effect on our psyche. When you read 'Secrets of Happy Couples', you will delve into this delicate subject and many more.

The book begins by describing the relationship cycles – 'The Alone Stage' – 'The Getting Together Stage' – 'The Compatibility Stage' and 'The Maintenance Stage.' As a reader, I found this to be quite informative and motivating. I know that I will use this book as a guide when it comes to my own relationships. Surveying over a hundred couples that have been together at least ten years and are both happy and fulfilled in their relationship, Kim Olver has discovered their secrets and happily shares her findings. As an expert in the field of human relationships, Kim Olver, shares her vast research with the reader in 'Secrets of Happy Couples.' It is the second in the 'Inside Out Empowerment Series.'

**I recommend** this innovating and empowering book to all! Reviewer: Barbara Watkins, Allbooks Review

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